

Rochelle

BALLET SCHOOL

& PERFORMING ARTS

Christmas Fun Book





How many different beautiful colours can you use on her tutu

Christmas Ballet Trivia

1. In "The Nutcracker," who is Clara's magical friend?
 - a) The Snow Queen
 - b) The Nutcracker Prince
 - c) The Mouse King

2. What is the name of the famous candy land in "The Nutcracker"?
 - a) Sugar Plum Kingdom
 - b) Land of Sweets
 - c) Gingerbread Village

3. What kind of dance do snowflakes perform in "The Nutcracker"?
 - a) Waltz of the Snowflakes
 - b) Sugar Dance
 - c) Icicle Ballet

4. What do ballerinas wear on their feet?
 - a) Sneakers
 - b) Ballet slippers
 - c) Sandals

5. Which holiday is celebrated in "The Nutcracker"?
 - a) Easter
 - b) Christmas
 - c) Halloween

6. What is a pirouette?
 - a) A spinning move
 - b) A jumping move
 - c) A stretching move

7. What colour is the Sugar Plum Fairy's dress usually?
 - a) Red
 - b) Pink or purple
 - c) Green

8. Which animal leads an army in "The Nutcracker"?
 - a) A cat
 - b) A mouse
 - c) A reindeer

9. What is the name of the toy Clara receives in "The Nutcracker"?
 - a) A ballerina doll
 - b) A nutcracker
 - c) A toy soldier

10. What is the name of the graceful arm position in ballet?
 - a) Port de bras
 - b) Pas de chat
 - c) Jeté

Answers at the end of the book



Christmas Nutcracker Facts

Nutcracker dolls, also known as Christmas nutcrackers, are decorative nutcracker figurines most commonly made to resemble a toy soldier. The dolls are symbols of good luck, frightening away malevolent spirits. While nearly all nutcrackers from before the first half of the 20th century are functional and really do crack nuts open, many modern nutcrackers are just decorative, and not able to crack nuts.

Ballet Christmas Word Search

K F Q H Q N P L I E S P
A X B H U U F D I Y K I
R R A O M T W C T Y U R
A S L L R C I N D B G O
B N L I K R G K M S D U
E O E D X A T U T U O E
S W R A Z C R O Z J Y T
Q F I Y L K G I R Z H T
U L N F T E X W Z K Y E
E A A B N R H E P H L I
Z K C H R I S T M A S U
R E L E V E A Y D I Q O

Find these words:

BALLERINA
NUTCRACKER
TUTU
PIROUETTE
ARABESQUE
PLIE
RELEVE
SNOWFLAKE
CHRISTMAS
HOLIDAY





Bella ballerina is very excited for Christmas Day,
help her create some beautiful colours.



The Story of Twinkle, the Ballet Elf

Twinkle was no ordinary elf. She loved dancing more than anything in the world, especially ballet! One snowy December evening, she tiptoed into the ballet studio, her tiny pointe shoes sparkling under the twinkling Christmas lights.

The students had been practicing hard for their Christmas presentation, but Twinkle noticed something was missing. “The magic of Christmas needs to be part of the show!” she said with a giggle.

Twinkle worked all night, adding glitter to the tutus, tying jingle bells to the pointe shoes, and sprinkling the stage with a pinch of elf dust. When the students arrived the next morning, they were amazed!

“Who could have done all this?” they wondered. But Twinkle wasn’t done. She had one last wish for the show—something only the children could help her with.

Now it’s your turn!

What do you think Twinkle’s wish was? Write or draw your own ending to Twinkle’s magical ballet adventure!



Lily ballerina can't stop dancing around the tree,
She would love you to dance with her too.

Spot the difference



Draw a circle around the differences

Write down your Christmas list for Santa



Rochelle Ballet School Poem

At ballet school, where dreams take flight,
Grace meets passion in the soft spotlight.
With every plié and twirl so grand,
We dance together, hand in hand.

The stage is set, the music plays,
A place for talent to grow and blaze.
From the youngest feet to the seasoned heart,
We nurture artistry, a work of art.

In the studio's warmth, we find our way,
With each new step, we learn, we sway.
A community strong, a bond so true,
At Rochelle Ballet, we rise anew.

So here's to the dancers, the teachers, the cheer,
To every moment, every year.
For at Rochelle Ballet, we do more than dance,
We create, we inspire, we give every chance.



Ballet Trivia Answers

1. In The Nutcracker, Clara's magical friend is the Nutcracker Prince! He comes to life after she cares for him and takes her on a magical journey to the Land of Sweets.
2. The famous candy land in The Nutcracker is called the Land of Sweets! It's where Clara and the Nutcracker Prince are greeted by the Sugar Plum Fairy and enjoy magical performances from around the world.
3. In The Nutcracker, snowflakes perform the enchanting Waltz of the Snowflakes. This beautiful dance takes place in a magical snowy forest and is known for its graceful and twirling movements.
4. Ballerinas wear pointe shoes for classical ballet performances, which allow them to dance on the tips of their toes. For other styles of ballet or practice, they might wear soft ballet slippers.
5. In The Nutcracker, the holiday celebrated is Christmas! The story begins at a Christmas Eve party, where Clara receives the Nutcracker as a gift. The festive setting is central to the ballet's magical atmosphere.
6. A pirouette is a ballet movement where a dancer spins on one foot while keeping the other foot in a position like passé (placed near the knee). It's a graceful and controlled turn that showcases balance and technique.
7. The Sugar Plum Fairy's dress is usually pink or pastel shades like lavender or light purple. These colours emphasise her elegance, sweetness, and magical presence in The Nutcracker.
8. In The Nutcracker, the Mouse King leads an army of mice in a battle against the Nutcracker and his toy soldiers.
9. In The Nutcracker, Clara receives a Nutcracker as a gift from her godfather, Herr Drosselmeyer. This magical toy becomes the hero of the story!
10. The graceful arm position in ballet is called port de bras, which means "carriage of the arms" in French. It refers to the elegant movement and positioning of the arms to enhance the dancer's posture and performance.

